ATHLETE'S ANTI-DOPING CONTROL RIGHTS AND RESPONSIBILITIES

Ensure you have read and understood the documents pertaining to anti-doping on the IDBF website https://www.dragonboat.sport/anti-doping. In addition, refer to the WADA (World Anti-Doping Agency) website - WADA Prohibited List 2026

The WADA testing program has been set up for athletes. It is essential that you understand and have confidence in the program. The following gives the basic rights and responsibilities you as an athlete have during the doping control process.

YOUR RIGHTS:

- to have one representative and one interpreter (if applicable and available) present during the processing of your sample.
- Be informed of the consequences of refusing to provide a sample
- Have the doping control procedures explained to you and ask any questions about the sample collection process
- Ask for a delay in reporting to the Doping Control Station to attend a Medals' Ceremony (In – Competition), warm down, finish training, receive medical attention, compete in further races and fulfill reasonable media commitments (Doping Control Official's (DCO) consent and always in full view of the chaperone)
- Be provided with a selection of sealed equipment from which to choose
- Be observed when providing your sample by someone of the same gender as yourself
- Receive copies of all signed documentation

YOUR RESPONSIBILITIES:

- Report to the Doping Control Station immediately unless delayed for a valid reason as listed above.
- Comply with the requirements of sample collection, given that a refusal or failure may result in an Anti-Doping Rule Violation.
- From notification through to completion of sample collection, stay in full view of the DCO or chaperone, whether at a competition, training venue or your home
- Provide suitable identification such as photo ID of IDBF Accreditation, passport driving licence with photo.
- Remain in control of your sample until it is securely sealed
- Ensure all documentation is signed and you have been provided with a copy
- Keep a list of all medications, vitamins or supplements you are taking and declare them on the doping control form
- Only re-hydrate with sealed non-alcoholic, caffeine-free beverage before the test
- Know the IDBF's and your IDBF Member's anti-doping regulations
- Consult your IDBF Member in advance if you are medically required to take any medication on the prohibited list. Before being permitted to compete when taking such substances, you will need to apply for medical exemption (TUE)
- Inform your doctor or pharmacist that you are a competitor who may be subject to doping control
- Be careful with unlicensed products such as nutritional supplements or herbal products as these may contain prohibited substances