

28th February 2025

IMPORTANT Information for the 2025 WDBRC in Brandenburg

Dear Presidents and Team Managers

This letter contains a lot of important information relating to IDBF members who are sending teams and support personnel to the 2025 World Dragon Boat Racing Championships in Brandenburg, Germany.

In continuing the expansion on the important education of our athletes and support personnel the IDBF has made it a mandatory requirement for the following athletes and all coaches to complete or have completed an Anti-Doping course before being eligible for registration/accreditation at the WDBRC 2025 in Brandenburg:

- Premier – International Level Athlete (ILA)
- Senior A – National Level Athlete (NLA)
- Senior B – National Level Athlete (NLA)
- **Senior C – National Level Athlete (NLA) - NEW**
- 24U – National Level Athlete (NLA)
- Juniors – Talented Athlete
- Paradrasons – National Level Athlete
- Coaches – High Performance Coach (HPC)

The above relates to the **racing class of the athlete and NOT the AGE of the athlete**

[Anti-Doping Education and Learning \(wada-ama.org\) ADEL:](https://wada-ama.org/ADEL/)

Those Premier athletes who currently have an ILA course certificate valid until 21st July 2025 or later are eligible for registration.

Those athletes who currently have an ILA course certificate valid until 21st July 2025 or later, **but** are to compete in Senior A, B, C or 24U are eligible for registration.

Those coaches who currently have a High-Performance Coach certificate valid until 21st July 2025 or later are eligible for registration.

Should the certificate of **any athlete or coach** expire **before** 21st July 2025 a refresher course must be completed. A notification should be sent from ADEL notifying the athlete/coach renewal is necessary by completing a Refresher course. Once the refresher course is completed and a certificate is issued, please forward this to your Team Manager.

Anti-Doping Course certificates from SIA, NADA Germany and CCES valid until 21st July or later will also be accepted.

The Team Manager should collect ALL certificates by 15th JUNE 2025 and produce copies of these when requested prior to or during the Championships. To assist with the quick retrieval of a certificate it is recommended that all certificates be filed in the racing class categories e.g. Premier, Senior A etc.

The education on anti-doping of all those involved in our sport should be a high priority of every club/Federation/Association. The first experience should not be at notification for an anti-doping test. The health and well-being of our athletes must be a top priority for the individual and team when striving for success.

Any athletes who have not completed the required course will be required to do it at the Championships before being allowed to receive their registration/accreditation and race. Completion of the course to be on their OWN electronic device.

Sight Impaired

Unfortunately, there is still not an option in ADEL for sight impaired athletes to complete an anti-doping course without assistance. As last year Team Managers are asked to confirm in an email to chair-medical@dragonboat.sport that a sight impaired athlete, if in their team, has had the principles of anti-doping explained to them by a person who holds a valid anti-doping certificate.

Out of Competition Testing

Under the World Anti-Doping Code Art 5.2.2 the IDBF is required to conduct Out of Competition testing. Therefore, **all Premier crews** competing at Brandenburg, Germany must submit their training timetable. The mandatory information required is:

Exact Training Location address

Dates and times (start & finish) of ALL planned Premier Team trainings

Names of ALL athletes who are potential or definite PREMIER team members for Brandenburg

Name and contact number of the coach/trainer responsible for each training session

This information is to be sent to chair-medical@dragonboat.sport, no later than 15th March 2025

Please use the Excel table provided with this Information letter.

Any change to the information submitted must be reported to chair-medical@dragonboat.sport as soon as it is known. Should a testing team arrive at a location at the date and time that was submitted to find no Premier athlete training taking place, the National Federation will be sanctioned for reimbursement of the failed visit fee.

Any addition of athletes to a team selection list already submitted must be notified to chair-medical@dragonboat.sport. Likewise, any athletes leaving the selection list.

The out of competition testing will be organized by the International Testing Agency under the authority of the IDBF.

TUEs

Finally, another reminder regarding Therapeutic Use Exemptions (TUE). Any **PREMIER** athlete who requires a TUE should submit their TUE application form and ALL relevant medical documents to chair-medical@dragonboat.sport up until 30 days (**15th JUNE 2025**) before the Championships begin (International Standards for Therapeutic Exemptions Art. 6.1).

ALL other athletes should, in the first instance, submit to their National Anti-Doping Organization (NADO) also before **15th JUNE 2025**, OR to chair-medical@dragonboat.sport before **15th JUNE 2025**.

All TUE SUBMISSIONS **MUST BE WITH THE IDBF TUE FORM**. This will be available from the IDBF website and link in Bulletin 2.

Any athlete submitting a TUE should be certain that their medications or the route of administration is prohibited. Please check the WADA Prohibited List [The Prohibited List | World Anti Doping Agency \(wada-ama.org\)](https://www.wada-ama.org/) or with the GlobalDro website <https://globaldro.com/>. It could save time and money.

IDBF MSSC Advisory related to Anti-Doping

Life extension/anti-aging therapies

Competitors are advised that the use of testosterone boosting agents to theoretically combat the aging process is prohibited both **in and out of competition** under WADA and the IDBF Anti-Doping rules. The use of these agents by any route for life extension or to combat the aging process is not permitted and no therapeutic use exemption will be granted for this purpose. Additionally, paddlers are advised that there is substantial evidence that they pose a serious health risk. Specifically note the following from the WADA rules.

- a. Females will not be granted a TUE for testosterone use, it is strictly prohibited
- b. Males must have a documented organic cause of hypogonadism. A list of such causes is available on the IDBF website - Male Hypogonadism document. Essentially there must be testicular, genetic or pituitary disease.
- c. Low testosterone levels from aging (andropause) is **NOT** a valid reason for a TUE.

Paradragons and BCP athletes competing in the Paradragon or BCP racing classes **ONLY** are **not** required to submit a TUE in **advance**. Such athletes will be informed if a TUE submission is required.

BCP

In accordance with the decision of Congress 2024 and CR 8.8.2a this will be trialed for Brandenburg. BCP athletes will be required to have a Certificate of Diagnosis and Fitness to Paddle. The Team Manager will be required to show the certificate of any of their BCP athletes when requested by an IDBF official. The IDBF Certificate of Diagnosis and Fitness to Paddle will be available soon to download from the IDBF website under Anti-Doping or with the link which will be given in Bulletin 2. This certificate does NOT need to be forwarded to the IDBF. It should remain with the Team Manager and athlete.

Declarations 1 and 2

These should be completed by **15th JUNE 2025** using the Jotform platform. All declarations **MUST** be signed manually or electronically. Typing of the name as the signature will **NOT** be valid.

The Team Manager should keep a copy of ALL declarations. This will assist their own management and when requested, before or during the Championship, to show the document of any athlete or support person when requested. Team managers must ensure that each athlete or support person knows their own IDBF PIN. This number is allocated when the athlete or support person is entered into the IDBF database. Each PIN is individual and does not change from the first time of registering in the IDBF database.

The links for the Declarations using Jotform will be issued in a separate communication.

To reduce the workload for all concerned and future Championships please see the addition of point 10 of Declaration 2.

Please confirm with a return email within 7 days of receiving this information that all team managers and coaches have been informed of these requirements.

I look forward to seeing lots of familiar faces at the WDBRC in Brandenburg, Germany and to meeting those of you I have not had the pleasure of meeting in person. If you have any questions, please don't hesitate to contact me.

Thank you for your cooperation and commitment to dragon boating being a Clean Sport.

Bridget Walter, Chair Medical Commission