

INTERNATIONAL DRAGON BOAT FEDERATION

國際龍舟聯合會



The World Governing Body of Dragon Boat Sport

www.dragonboat.sport

#### IDBF NEWSLETTER Anti-Doping By the Medical and Sports Science Commission

# Overview of the Recent CCWC in Ravenna, Italy

The recent Club Crew World Championships (CCWC) in Ravenna, Italy, marked a record for the IDBF with participation from 30 nations, featuring 161 teams and 6,916 athletes, team managers, coaches, and supporters. Racing took place over 8 lanes, creating a visually spectacular event, especially in the Open Standard category. Despite some challenges due to two unexpected thunderstorms, the event was a great success.

# Anti-Doping Compliance and Testing

This year's Championships saw an expansion in anti-doping requirements. In addition to Premier, Senior A, and 24U categories, Senior B, 18U, and Para Dragons were also included. Compliance was strong. There are now over 8,000 athletes and coaches holding a current anti-doping course certificate. Certificates were obtained through ADEL, Sport Integrity Australia (SIA), and NADA Germany.

Both Out- and In-Competition testing was conducted for the event. All tests returned negative results. Thanks go to all club coaches, Team Managers, and athletes for their cooperation throughout the process.

## **Educational Initiatives and Resources**

To provide further anti-doping education, dates for ITA and WADA webinars are regularly posted on the IDBF Facebook page. These webinars are recorded, allowing participants to access them at their convenience.

## **Encouraging Greater Support from National Federations**

There is a call for more support from National Federations in promoting anti-doping education for athletes and support personnel, as outlined in the IDBF Anti-Doping Rules (page 5, Education). Conducting in-competition testing at Continental Championships should become standard practice. The European Dragon Boat Federation has led by example, conducting tests for many years. While costs might be a concern, starting with just a few tests could be a practical solution.

This effort aligns with the IDBF's goal of pursuing IOC recognition. For assistance or support in implementing these measures, please reach out.

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### Preparing for the 2025 Championships in Brandenburg Germany

As preparations begin for next year's Championships in Germany, please ensure that all athletes and support personnel hold a valid anti-doping course certificate until at least 21st July 2025.

The 2025 Prohibited List is now available on the World Anti-Doping Agency (WADA) website and will be in effect from 1st January 2025. It will also be accessible on the IDBF website under Anti-Doping.

For any additional information or support, please contact the Medical Commission Chair, Ms. Bridget Walter - <u>chair-medical@dragonboat.sport</u>.

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