



# 國際龍舟聯合會

## INTERNATIONAL DRAGON BOAT FEDERATION

### The World Governing Body for Dragon Boat Sport



[www.dragonboat.sport](http://www.dragonboat.sport)

Reply to: [chair-medical@dragonboat.sport](mailto:chair-medical@dragonboat.sport)

September 2023

## Anti-Doping Newsletter from the Medical Commission Chair

Dear Members

I hope my post World Championships newsletter finds you all well and pleased with your team's performance in Pattaya. I am sure you would all agree that RCAT put on a great event which has set the bar high for our following WDBRC organizers. It was good to see so many nations taking part and I hope this number will increase over the next years.

### Out of Competition Testing

The International Testing Agency (ITA) was contracted by the IDBF to conduct 15 Out of Competition Tests. Unfortunately, only 11 of the 15 tests could be completed as there were 4 unsuccessful attempts (UAs). These 4 UAs were the result of the submitted training information not being updated. This has resulted in an unnecessary waste of IDBF anti-doping financial resources. This is not acceptable as it accounts for 26% of our numbers and about 20% of the costs. This situation was addressed at the September Executive Committee meeting. The decision was made to invoice the 2 federations concerned for the cost incurred. ITA selects the nations for testing according to a Risk Assessment. The nations selected this year were Germany, Argentina, Great Britain, Hong Kong, Japan, and China.

I would like to thank those nations and their athletes who complied with the OOCT program not only when the testing took place but also for the submission of the mandatory training information.

I am pleased to report all but 1 test came back with a negative result. The one test with an Adverse Analytical Finding (AAF) was due to a prohibited substance. However, in this instance the substance was prescribed in a method of application that is not prohibited and therefore no further action is necessary.

### In Competition Testing

At this year's Championships we conducted 12 tests. I am pleased to report that all tests have returned a negative result.

Once again thank you to all those athletes' and their cooperation when selected for testing.

### Anti-Doping Education

This year saw the expansion of our mandatory education requirement with all Senior A and 24U athletes plus all coaches being included with all Premier athletes for accreditation. The compliance has been encouraging. Due to the late submission by some nations, there is still a check being conducted.

The ADEL Anti-Doping Course program will be extended to all athletes and coaches for the 14<sup>th</sup> Club Crew World Championships. In view of this I advise all federations to inform their clubs who are intending to enter this championship to complete the appropriate ADEL course:

ALL Premier Team Athletes – International Level Athlete Course

ALL Senior Team athletes and 24U – National Level Athlete Course



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ALL under 18 year old athletes – Talented Athlete Course  
All Paradrugon athletes – National Level Athlete Course  
ALL coaches – High Performance Coach Course

ADEL Anti-Doping Course link: <https://adel.wada-ama.org/learn>

Any athlete or coach who has the appropriate course certificate valid until **after** 08.09.2024 will be already eligible for accreditation.

Any athlete or coach who already has the appropriate certificate but it expires **before** 08.09.2024 will be required to complete the appropriate Refresher course.

Please encourage your athletes and coaches to complete these courses well ahead of the championships. This will benefit them in their knowledge of anti-doping so that they can get the most out of their training.

Also, as part of our education program and in a joint venture with Doping Control Agency Thailand we had an Outreach stand for the Saturday and Sunday of the Championships. This was situated opposite Boat Marshalling. An Awareness Campaign took place with prizes being offered along with an IDBF-DCAT Sports sack giveaway. The giveaway created a lot of interest and the number of visits reported by the DCAT Outreach team is 498. This is very encouraging.

#### **In conclusion**

Once again, I would like to remind all National Federations that under the IDBF Anti-Doping Rules 2021 (see page 5 & 6) that all National Federations are required to promote the education of their athletes in clean sport

#### ***IDBF National Federations and their Members and Affiliates***

*IDBF National Federations and their Members and Affiliates IDBF National Federations and their Members and Affiliates are required to assist in Anti-Doping Education by introducing programmes that promote the spirit of sport in order to establish an Anti-Doping environment that influences the behaviour among Athletes, Athlete Support Personnel, other Persons, and any Participants of the Sport and creates an Anti-Doping culture.*

*IDBF National Federations and their Members and Affiliates should educate and counsel all Participants in the sport regarding the IDBF Anti-Doping Rules and other Anti-Doping rules (ex: Code and International Standards) and in particular the information on:.....*

By being proactive in promoting the ADEL courses (put link on your NF website) each National Federation will be making a start in fulfilling their obligations under the IDBF ADR as an IDBF member and according to the Code 2021 Art. 18.1 and 18.2.3.

The health of our athletes should be the top priority when wanting to achieve success on the water.

I look forward to seeing many of you again in Ravenna next year.

Bridget Walter, Chair Medical Commission