



國際龍舟聯合會

INTERNATIONAL DRAGON BOAT FEDERATION



The World Governing Body for Dragon Boat Sport

www.dragonboat.sport

Reply to: chair-medical@dragonboat.sport

April 2022

Anti-Doping Newsletter from the Medical Commission Chair

Dear Members

I hope my Newsletter finds you, your families, your athletes and coaches well. Spring is on its way in the Northern Hemisphere which means getting back into the dragon boat and out on the water again. The goal for some will be competing in the IDBF World Championship after a break of 2 years. It will be good to hear the beating of the drums and seeing the 'dragons' race again.

We still have Covid with us and it will be here to stay. Fortunately, now a much milder infection for the vast majority especially those who have been vaccinated. Like flu we will have to learn to live with it. The Championships will have a Covid Safeguard Protocol. This information will be included in Bulletin 2.

Once again, as mentioned in previous newsletters the IDBF, in compliance with WADA, is requiring all those PREMIER athletes who will be competing in the CCWC in Sarasota to complete the International Level Athlete module on the WADA ADEL (Anti-Doping Educational Learning) website. This website is easy to use. There are also modules for other level athletes, e.g. non-premier National Level (Seniors, U24, Juniors) who would also benefit from undertaking the National Level or Talented Athletes courses. There are also courses for coaches and other assistant personnel. This will also in the near future become a requirement from the IDBF. The education on anti-doping of all those involved in our sport should be a high priority of every federation. The athlete's or coaches' first experience of Anti-Doping should not be when notification for testing takes place and then going to the testing center.

Bulletin 2 REMINDER - Anti-Doping Requirements

PREMIER Athletes

Don't forget to complete the International Level Athlete Course in ADEL/WADA by 31.05.2022.

This is mandatory for all PREMIER athletes competing in the CCWC 2022.

<https://adel.wada-ama.org/learn>





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If you have not already completed this and need help on registering see the recorded IDBF Webinar from 30.01.2022 on the IDBF website.

Play True for Fair Sport – Play True Day April 8th 2022

TUE (Therapeutic Use Exemption)

Premier Athlete submission to: chair-medical@dragonboat.sport **by 16.06.2022**

See IDBF website for TUE Application form and IDBF TUE Checklist:

[Anti-Doping | idbf \(dragonboat.sport\)](http://www.dragonboat.sport/anti-doping)

All other athlete submissions to their National Anti-Doping Organization (NADO) by 16.06.2022

Please see below this newsletter the WADA invite regarding the WADA Play True Day for Peace. Since 2014, WADA has invited athletes, National and Regional Anti-Doping Organizations, Sports Federations, Governments, Major Event Organizers and all other anti-doping stakeholders worldwide to join the Agency's social media campaign to celebrate Play True Day, a day that is traditionally dedicated to raising awareness about the importance of Clean Sport among athletes, the public and others. Your participation is encouraged. I thank you in advance.

I look forward to seeing lots of familiar faces at the CCWC in Sarasota and also to meeting those of you I have not had the pleasure of meeting in person.

In the meantime, please stay safe and enjoy every moment on the water.

Bridget Walter, Chair Medical Commission



WADA invites the global anti-doping community to take part in Play True Day for Peace on 8 April

Montreal, 24 March 2022

The World Anti-Doping Agency (WADA) invites the global anti-doping community to take part in [Play True Day for Peace](#) on 8 April 2022.

WADA President Witold Bańka said: “In light of the war in Ukraine, WADA considered postponing Play True Day this year. However, after consulting with a number of our stakeholders worldwide, we decided to go ahead with Play True Day for Peace. The feeling is that values such as fairness, integrity and respect for rules -- which are embodied within the Play True message -- contribute to harmony in sport and society.”

This year, we are inviting the global anti-doping community to stand with us in solidarity for peace, by:

- Inserting their organization’s or sport’s name or an image on the ‘[Play True for Peace](#)’ frames provided;
- Sharing them on their social media channels with the hashtags #PlayTrueDay and #PlayTrueforPeace; and
- Following the campaign in real time via our dedicated Play True Day wall that will capture all posts with the #PlayTrueDay and #PlayTrueforPeace hashtags.

We would ask you to kindly share this message with athletes and others within your network; and, would invite you to contact our community manager, Guillaume Nguyen, at Guillaume.Nguyen@wada-ama.org should you have any questions.

About Play True Day

Since 2014, WADA has invited athletes, National and Regional Anti-Doping Organizations, Sports Federations, Governments, Major Event Organizers and all other anti-doping stakeholders worldwide to join the Agency’s social media campaign to celebrate ‘[Play True](#)



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Day' -- a day that is traditionally dedicated to raising awareness about the importance of Clean Sport among athletes, the public and others.

The inspiration for Play True Day stems from a WADA-hosted Education Conference in 2013, which was attended by 17 South American countries. While the event started as a small South American initiative, last year, the social media campaign reached over 87 million people worldwide.