



17TH EDBF EUROPEAN CLUB CREW CHAMPIONSHIPS
13TH IDBF JUNIOR & U24 WORLD NATIONS CHAMPIONSHIPS
DIVONNE-LES-BAINS, FRANCE
28th to 30th July 2017

INFORMATION BULLETIN NO. 3

PROGRAMME

Monday, 24th July 2017	Teams arrive and training in Divonne-Les-Bains. 09.00hrs – 18.00hrs (last training session start time is 17.00hrs)
Tuesday, 25th July 2017	Teams arrive and training in Divonne-Les-Bains. 09.00hrs – 18.00hrs (last training session start time is 17.00hrs)
Wednesday, 26th July 2017	Teams arrive and training in Divonne-Les-Bains. 09.00hrs – 18.00hrs (last training session start time is 17.00hrs)
Thursday, 27th July 2017	Teams arrive and training in Divonne-Les-Bains. 09.00hrs – 16.00hrs (last training session start time is 15.00hrs) 08.30hrs – 10.00hrs – EDBF Executive Committee. 10.00hrs – 12.00hrs – EDBF Council Meeting. 12.15hrs – Lunch for Officials. 14.00hrs – IDBF Race Officials Meeting. 15.00hrs – Team Manager’s Meeting. 17.00hrs – Press Conference. 18.00hrs – Opening Ceremony.
Friday 28th July 2017	2000m Racing Day – All Championship Classes.
Saturday, 29th July 2017	200m Racing Day – All Championship Classes.
Sunday, 30th July 2017	500m Racing Day – All Championship Classes. Evening – Celebration Party.
Monday, 31st July 2017	09.00hrs – 12.00hrs – EDBF Congress. Crews depart.



PAYMENTS

It is very important that when you are making a payment via wire transfer that each wire transfer is referenced with a precise of your dragon boat club name and your country. This is required for registrations, catering and accommodation.

All teams that have not already paid for their registrations, catering and accommodation bookings are asked to do so as soon as possible!

ADMINISTRATION FEES (entries in the EDBF ECCC & IDBF Junior & U24 WNC) must be paid to:

“DRAGON BOAT ATTITUDE”

BBAN: 13825 00200 08004193961 71

IBAN: FR76 1382 5002 0008 0041 9396 171

BIC: CEPAFRPP382

The Administration Fee to be paid is:

€60 x <athletes, coaches, etc.> + **€18** x <number of official supporters> – **€500 (if already paid)**

EDBF REGISTRATION FEES (entries in the EDBF ECCC) must be paid to:

“EUROPEAN DRAGON BOAT FEDERATION”

Acct No.: 59.26.84.342

Bank: ABN AMRO

IBAN: NL75ABNA0592684342

BIC: ABNANL2A

The EDBF Registration Fee to be paid is:

€15 x <athletes, coaches, etc.>

IDBF REGISTRATION FEES (entries in the IDBF junior & U24 WNC) must be paid to IDBF in cash at the Championships.

The IDBF Registration Fee to be paid is:

€15 x <athletes, coaches, etc.>

ON-LINE REGISTRATION

EDBF ECCC/IDBF WNC - The on-line registration should now have been completed by all teams for their competition classes and is now **closed**. You can however still access the area to add details of your individual athletes. The athlete information area will now close on **30th June 2017** as there is still information missing on athletes. Please ensure that you have logged each of your athletes by this date. A photograph, date of birth and passport number must be registered for each athlete on the system.

SECURITY

Due to recent events which have happened in Europe, large events which are organized in France are now subject to new rules in terms of security. The authorities have therefore requested that the site is now a closed site which will be monitored by security guards who will carry out a daily bag search. We therefore request your full cooperation with regard to this matter. Please ensure you arrive in sufficient time each day to clear security as we cannot be held responsible for you missing a race.

OPENING CEREMONY

The Opening Ceremony will be held on Thursday, 27th July 2017 at the regatta course starting at 18.00hrs. The Ceremony will consist of both a land and water ceremony which will be held in parallel.



On the land:

An athletes parade will be set up. We ask athletes to meet at the emergency exit at the north of the village at **17.30hrs**. See attached map. Teams will be organised in alphabetical order and you will be lent a nations flag to carry. **The flag is to be returned to the designated volunteer at the end of the ceremony.** If you have your own nation/club flags, please do not hesitate to bring them with you for the ceremony.

On the water:

It is planned to put 30 dragon boats on the water for the Opening Ceremony. It is requested that one team per club paddle in the dragon boats and take part in the 'Awakening the Dragon' Ceremony. It is requested that teams paddling for the Opening Ceremony report to the Boat Marshalling area at **17.30hrs**.

We specifically ask for your collaboration during the Opening Ceremony as this is a immense task to coordinate 2400+ competitors.

CELEBRATION PARTY

The Celebration Party will be held on the evening of Sunday, 30th July 2017 at the regatta course. Various snack and refreshment bars will be available and music will be provided.

Entry tickets will be sold at the refreshment area on Sunday, 30th July 2017. It will now cost €5.00/person and includes a free drink (soft drinks to U18s). Proof of age will be required to purchase these tickets. The charge is now in relation to the additional security requirement.

Anyone wishing to book a celebration party dinner can do so directly with the event caterer, please email: piscine-lac.divonne@comsports.fr. The dinner ticket of €20.00/person will include dinner, entry to the party and a drink. These tickets must be booked as soon as possible.

SHOPS PARTNERS

Dragon Boat Attitude have partnered with a number of local shops in Divonne-les-Bains who will offer event participants (on presentation of their accreditation card) discounts or benefits. Please go to the following link to see the list of partners <http://www.dragonboat-attitude.fr/en/european-championships/17th-championships-2017-2/organization/partner-shops/>).

AN ECO-FRIENDLY EVENT

The organizing committee really want to limit the impact on the environment of this event. We therefore ask that all teams make an effort in this regard with limiting the use of disposable plastic bottles and ask that selective sorting of your waste is carried out at the event site in the bins provided.

CURRENCY

The currency used in France is the Euro.

WEATHER

The average weather in Divonne-les-Bains at this time of year is 22°C - 25°C and generally sunny with occasional showers.

TIME ZONE

Greenwich Mean Time + 2 Hours.



THERAPUTIC USE EXEMPTION FORMS

The Therapeutic Use Exemption (TUE) Form needs to be completed by all athletes who are taking medicines which are prescribed by a doctor. The TUE forms can be downloaded from the on-line registration site.

TEAM REGISTRATION

Team Registration will take place at the regatta course next to the refreshment area where you will be able to collect your team's accreditation, meal vouchers and make any final payments where necessary. Registration will be open as follows:

Wednesday, 26th July 2017 – 14.00hrs to 19.00hrs

Thursday, 27th July 2017 – 08.00hrs to 12.00hrs and 13.00hrs to 16.00hrs.

BOATS FOR SALE

After the Championships the following boats will be available to purchase.

5no. Standard Peishing dragon boats including head, tail, drum, drum seat and steering oar.

9no. Small Peishing dragon boats including head, tail, drum, drum seat and steering oar.

Should you be interested please contact ASAP: contact@dragonboat-attitude.fr or phone +33 6 76 28 14 59. Please note, the boats will need to be taken away on 31st July 2017 and teams will need to arrange their own transportation.

CONTACTS

Organising Committee :

Lucie – Event Coordinator

lucie@dragonboat-attitude.fr

EDBF :

Julie Doyle – EDBF Secretary General
secretary@edbf.org

IDBF:

Melanie Cantwell – IDBF Chair C&TC
melanie280770@gmail.com

TECHNICAL REGULATIONS & CHAMPIONSHIP REGULATIONS

The information and regulations in this Bulletin are extracted from, and where necessary supplement and enhance the IDBF Competition Regulations and Rules of Racing, with which all competing crews are to acquaint themselves – see www.idbf.org. In the event of a situation arising which is not covered by the IDBF Competition Regulations or the Championship Regulations contained herein, then the Chief Official will be responsible for investigating the circumstances and recommending appropriate action to the IDBF Jury appointed for the Championships.

You are reminded that IDBF Regulations exclude Male Helms from Steering Women's crews

TEAM MANAGERS MEETING

The Team Managers Meeting will take place on:

Thursday, 27th July 2017 at 15.00hrs

at Esplanade du lac (The same location as in 2015)
181, Avenue de la Plage, 01220, Divonne-les-Bains, France
www.esplanadedulac.fr/location_des_espaces.html

A Crew Manager's Meeting will be held each day after racing – See Race Programme for times.



This Technical Bulletin and Annexes, plus the Race Time Tables and Heat Draws for the Championships will also be available to download from the EDBF website – www.edbf.org

A REMINDER OF THE AGE REQUIREMENTS for the SENIORS, JUNIORS and U24s

SENIOR ATHLETES – Snr A 40, Snr B 50, Snr C 60 YEARS OLD OR OVER on 1st June 2017
(with the exception of the Drummer)

JUNIOR ATHLETES – Junior A 18 or under, but over 11 and Junior B under age 16, but over 11 as at 1st June 2017
(with the exception of the Helm (Steerer/Sweep))

UNDER 24 - For competitors aged 12 to 23 inclusive, as at the 1st June in a given year. Up to two (2) Racers in a Standard Boat Competition and one (1) over 23 but under 26 as at the 1st June.
Note: By definition Drummers and Steerers are 'Racers'

Breast Cancer Participants

Anyone racing in a BCP crew must have had a diagnosis of Breast Cancer and they need to be able at any time provide proof of this if requested. This includes the drummer & helm.

1. IDBF RULES OF RACING

For the 17th EDBF ECCC 2017 and 13th IDBF Junior and U24 WNC 2017 IDBF Rules of Racing – Edition 7, issue 1, effective from 1st January 2016 and the IDBF Competition Regulations – Edition 7, issue 1, effective from 1st January 2016 will be used. Crew Managers are advised to have a personal copy with them at the event and to ensure that their crews are conversant with these rules. Copies can be downloaded from the IDBF website – www.idbf.org.

2. MIXED CREW REQUIREMENTS

STANDARD BOAT CREWS – The crew must consist of a minimum of 8 and a maximum of 10 PADDLERS of each gender. (Drummer and Helm can be either Male or Female).

What this means is that for a mixed team in the standard boat competition you must have 10 women and 10 men, if you run with a full crew of 20 paddlers. If you run with 18 paddlers you can use either 8 women and 10 men, 9 women and 9 men or 10 women and 8 men.

SMALL BOAT CREWS – The crew must consist of a minimum of 4 and a maximum of 6 PADDLERS of either gender. (Drummer and Helm can be either Male or Female).

3. COMPETITION CLASSES – STANDARD v SMALL BOATS

The intention is that if a Country or club wish to enter both the standard boat and the small boat competition classes then the competitors in the standard boat must be different to those in the small boat in the same competition class. So the 26 competitors (including reserves) in the standard boat must be different people to the 14 (including reserves) in the small boat.

Mixed crew exception

The intention is that wherever possible small and standard boat crews from the same country/club in the same competition class must combine to make a standard boat mixed team in the same competition class.



This may be better considered using a diagram where X is the entry.

Competition Class e.g. Junior A									
	Open	Women	Mixed	Open	Women	Mixed	Open	Women	Mixed
Standard			X	X		X		X	X
Small	X	X			X		X		

There are therefore three alternatives where a team can combine standard and small boat entries to form a mixed standard boat.

There will be one unusual but possible case when this may not be possible. It is when the open crew in the standard board entry does not have 8 men to comply with the mixed regulation, in this case the team/country would be allowed a small boat mixed entry.

From a health point of view, 'double rostering' could lead to paddlers racing too many times in a day, which is certainly discouraged! Be warned Race Officials will not delay races where there is a possibility of paddlers in 'back to back' races.

4. REPRESENTATION AND NATIONALITY (IDBF JUNIOR & U24 WNC ONLY) IDBF Competition Regulation 4

CR 4.1 Representation

To represent a country in an IDBF Championship for Representative Crews, a Dragon Boat Competitor must normally be a citizen of or born in the country represented and be able to prove this by showing an official document, such as a Passport, Identity Card, Birth Certificate, or the like.

Dual Nationality

Competitors with dual nationality (citizenship) may represent the Country or Territory of their Birth or their dual citizen Country or Territory, whichever of these they are residing in, providing that they have been resident in that Country or Territory for a current period of at least 3 years. Competitors who do not meet these requirements must comply with Regulation 4.2 or 4.2a.

CR4.2 Country or Territory Residence

Dragon Boat competitors who have left their country of birth and are a permanent, not a temporary resident in another country may represent that country if they have lived there for a current period of three (3) years or more and have not represented their country of birth, during the previous two (2) years.

Temporary Residency

A Temporary Resident, for the purposes of this Regulation, is a person who resides in a Country by virtue of holding a visa, for example a visitors visa, student visa, work visa or the like. The IDBF considers such visas to indicate a 'temporary' residency in the Country concerned, not a permanent residency.

a. Exceptionally, competitors who have a permanent residential qualification of less than 3 years and who have not represented an IDBF Member previously, may with the permission of both their birth and residential IDBF Member, apply to the IDBF Executive Board for permission to compete for their country of residence. When permission is given, the competitor concerned will not be allowed to compete for any other Country for a minimum period of 2 years following the year in which the permission was given.



b. (4.2) Competitors who, by marriage have acquired the nationality of another country may compete for that country without delay.

5. PROOF OF CLUB CREW MEMBERSHIP (EDBF ECCC ONLY)

Team Managers are to lodge with the Race Secretariat at the race venue in France a printed list of the athletes from their Club showing the Full Name and Home Address of each athlete, the Athlete's Club Membership Number and the Date they joined the Club (crew) The print out is to be signed by either the Chair-holder or the Treasurer of the Club (crew) concerned but preferably by the Treasurer, who is to add their Name, Status and Date to their signature at the bottom of the print-out, with the words "I certify that the information detailed above is correct"

Dragon Boat Clubs (IDBF Bye Law 12.3) A Dragon Boat Club is defined as being a single Crew or group of Crews which have a formal Sports Club Constitution which, in general terms, shows that the Club's individual members are responsible for the Club's affairs; that they elect representatives to their governing Dragon Boat organisation; that they elect Club Officers and Officials to manage the affairs of their Club; that the Club keeps properly maintained and controlled accounts; that the Aims and Objectives of the Club and its Constitution or Statutes, are consistent with those of their own governing Dragon Boat Association, where one exists and where appropriate the IDBF.

Competitors must be bona-fide members of the Clubs that they represent, for at least six (6) months before the date of submission of their Crew Final Entry Form & Names List to the IDBF and be able to prove such membership if requested to do so by the Chief Official.

Explanatory Note: IDBF Competition Regulations state that a bona fide Club Member is one that has regularly trained and/or competed for the Club that they represent during the minimum period of **six months** before a ECCC. **A bona fide Club Member will normally be resident in the Country in which the Club Crew is located.** A Club Member who trains and competes with a Club Crew from a different Country or Territory or a geographical Region within a Country to the one in which the Club Member himself (or herself) is normally domiciled, will only be considered as a bona fide Club Member if they can prove that they have physically attended their Club to train or compete for a period or of at least twelve (12) weeks, over a minimum period of two (2) racing seasons.

A Competitor may only be registered on a Crew Named Entry Form under the name of one specific Club and may not compete for any other Club. Only those Competitors shown on the Club Names List will be permitted to race in the ECCC. Club Crews are not permitted to recruit Competitors locally.

Explanatory Note: *The above regulation does not exclude a paddler from belonging to more than one Dragon Boat Club but any competitor participating in an ECCC must have been a member of the Club (crew) they represent for at least 6 months before the ECCC in question. It is immaterial if a competitor belongs to more than one Club.*

The regulation's intent is that a paddler can only paddle in an ECCC with one Club at any one ECCC. That is, once a paddler chooses the club that he or she wants to paddle with they cannot then paddle in the same ECCC with another club. The IDBF Regulations main intent is to preclude a club stacking its crews with outside paddlers just for the purpose of a competing at an ECCC. Recruiting paddlers who have never trained with the crew concerned before an ECCC is deemed to be "stacking". An exception to this Regulation may be made for an individual Racer, for example a Helm, whose has not been a Club Member for the required 6 months, if in the opinion



of the Chairholder of the IDBF Competition & Technical Commission (C&TC) exceptional circumstances exist to justify an individual to compete.

6. TECHNICAL AND COMPETITION REGULATIONS

All participants in an EDBF ECCC or IDBF Junior & U24 WNC have to be shown on the Team List and entered onto the Championships database under a nation's User Name and Password. The Team List will show each competitor's full name, date of birth and nationality. From the Team List each competitor will be allocated a Personal Identity Number (PIN), which will be shown on the Accreditation Card issued to all participants on the Team's Registration.

The Team List is NOT a Crew List, which has to be lodged separately on the database before each Competition Class entered.

Random ID checks will be carried out during the Championships by IDBF Race Officials, to ensure that only those Competitors shown on a Crew Names List are competing in the Championships and are also those shown on their respective competition class Crew Lists.

Competitors will also be selected for random Drug testing by their PIN.

7. **Crew Numbers. The maximum number in a Standard Boat** crew under the Competition Regulations, is 26 (including 4 reserves). A full boat crew would be 22 including Drummer and Helm. The minimum number of paddlers in a Standard Boat is 18.

The maximum number in a Small Boat crew is 14 (including 2 reserves) A full boat crew would be 12 including Drummer and Helm. The minimum number of paddlers in a Small Boat is 08.

8. **Crew Lists will be required for each Crew in every Competition Class entered.** Reserves shown on a Crew List may be used during any rounds of a competition, without further reference to the Race Officials. **Please refer to ANNEX A for an example of a Crew list.**

9. **Crew Lists can be printed from the online Registration System by Crew Managers** and must be submitted to the Race Secretariat. Preferably would be for all Crew Lists to be submitted at the Team Managers Meeting or to the Race Secretariat at the end of each day for the next day's racing. This will ensure crew lists are processed and forwarded to Marshalling in sufficient time prior to first race. Only those Competitors shown on the Crew List will be permitted to race in that particular Competition Class.

Checking of Crews by Race Officials will be done using the crew lists and Accreditation ID Cards.

10. **Competitors & Officials Declarations** can be found on-line on the registration system. Please print out a copy and bring with you to the Team Managers Meeting.

11. **FIT TO RACE.** You are advised that when signing the Crew List, the person signing is confirming with the Chief Official, that all the competitors shown on the list are **Fit to Race**. This statement covers not just the physical ability of the competitors to undertake the race concerned but it also means that the signatory is confirming that there are no **known** medical reasons why those listed should not compete during the whole period of the Championships. And that they compete entirely at their own risk.

To ensure that Crew Managers can sign the Crew Lists with confidence, you are advised that all competitors should have a medical certificate signed by a qualified doctor stating that there is no known medical reason why they should not compete in the Championships and are physically fit. **This is particularly relevant to all Senior and Junior competitors.**



12. **TUE and ATUE Declaration forms** – These can be downloaded from the online Registration System. If any of your team members fall into this category, ensure they complete the forms and submit them to Bridget Walter - bridget.walter@datacomm.ch or failing this they can be handed into the Race Secretariat before the competition begins.
13. **BANNED SUBSTANCES. Your attention is drawn to IDBF Regulation 11 concerning drug abuse and doping.** Random drug testing will be conducted during the event. All tests will be set against the current WADA banned substances list as shown on the WADA Website. Members of the IDBF Medical and Sports Science Commission will be on hand to monitor the testing process. The 2017 WADA Banned List is available from the WADA web site.

Crew Managers are to ensure that their competitors are familiar with the contents and advice given in the current edition of the IDBF Anti-Doping Policy – see www.idbf.org and on the WADA web site. <http://www.wada-ama.org/>

Aiding and Abetting. Anyone who assists or incites, or otherwise encourages a competitor to indulge in drug abuse shall also be considered to have committed a drug offence and will be subject to the same disciplinary procedures as for a competitor or crew.

Competitors Rights and Responsibilities with regards to Anti-Doping – refer **ANNEX B.**

14. **CODE OF CONDUCT (IDBF Disciplinary Code).** The Code of Conduct can be found in the **Rules of Racing**. The Disciplinary Code lays down a Code of Conduct for both Competitors and Officials covering behaviour before, during and after a dragon boat competition and therefore applies from the time that a Club Crew arrives in the geographical territory where the Championships' are being held.

The Chief Official is authorised to take any necessary disciplinary action as laid down in the code. **Crew Managers are to ensure that all their Crew Members and supporters are aware of this Code and its contents.**

15. **CREW RACING COLOURS.** At IDBF Championships for National Crews, the competing crews shall race in their country's national colours, that is to say, those competitive colours recognised by their National Olympic Committee. **For all Medals Presentations** recipient crews must be dressed (preferably in Track Suits) in their Teams (Crews) Racing Colours. For the EDBF ECCC crews must race in their club Racing Colours.
16. **IDENTIFICATION OF COMPETITORS – Personal Identity Number (PIN).** At an IDBF/EDBF Championship each competitor will be allocated a Personal Identity Number (PIN) by the IDBF/EDBF. This PIN shall be recorded on an identity document (Accreditation Card) with a photograph, provided by the competitor in advanced of the competition and entered on to the Championship database. The identity document (Accreditation Card) must be carried by all competitors during the competition.
17. **RACING VEST NUMBERS.** Each competitor, when racing, will show a **Vest Number**. The Racing Vest Number is not the same as the PIN. **The Vest Number which will be in the range of 01-26 will relate to the Racing Vest Number shown against each competitor on the Crew List** for a particular Competition Class and acts as a means of identification during a race.



Size of Numbers. The Racing Vest Number shall be enclosed in a box of a **minimum length of 210mm and depth of 150mm**, that is to say A5 size. Each numeral shall be of a size that will fit into a box of a **minimum size of 100mm tall and 60mm wide**. Racing Numbers below the number 10 are to show a 0 as the first numeral.

Racing numbers may be temporary or permanent fixtures on the vest but **shall be fixed to the back of the racing vest** and made to the template shown at **ANNEX C**.

In the interests of organizational efficiency and for the comfort of the Competitors, it is recommended that all racing vests be pre-printed with a racing number. **Alternatively suitable temporary numbers (to the required pattern) should be prepared in advance.**

18. **ADVERTISING ON CLOTHING AND EQUIPMENT.** The advertising of a Team's sponsor on competitors' racing apparel or personally owned Racing Paddles will be permitted subject to the following provisos:- That any such advertising is unobtrusive and tasteful (that is, of a design that does not cause offence to the public or cause the racing vest to become unrecognisable as the Crew's Colours). One such advertisement will be permitted on the Racing Vest placed in such a position that it does not unduly disrupt, hide or negate the Team's racing colour design thereon. **Maximum Size.** The maximum size of sponsors name and logo advertising that will be permitted on a Racing Vest shall be that which can be contained in a box measuring 20cm long by 5cm wide.
19. **For competitors personal Racing Paddles**, that is those that comply with the IDBF Racing Paddle Specification 202a – see paragraph 16 below, the sponsors advertisement may be of a different shape to that on the Racing Vest, but shall not exceed the overall area of the 20cm x 5cm box (100 sq cm).

PADDLES. Your attention is drawn to the IDBF Racing Paddle Scheme (RPS). The scheme is designed to help ensure that when a competitor purchases a Racing Paddle he or she buys one which is made to the IDBF Racing Paddle Specification – 202a. Paddles supplied by manufacturers in the RPS will have a 202a logo and a License Number Paddle Mark or sticker shown on the face of the paddle.

The scheme also enables race officials at events to quickly and easily identify those paddles that are to specification and thus licensed for IDBF; ADBF and EDBF Championship Racing.

Competitors are free to use their own Racing Paddles provided that they carry an IDBF Racing Paddle. Officials will check paddles in marshalling to ensure they carry the 202a IDBF Registration sticker.

20. **DRAGON BOATS.** For the Standard Boat Races and the Small Boat Races a matched set of IDBF Spec Racing Dragons Boats supplied by Peishing, China will be used.

21. **ADDITIONAL AND MISCELLANEOUS EQUIPMENT**

Generally additional equipment designed to be added to the boat or personal or miscellaneous equipment designed to enhance the performance of the boat or a crew member shall not be permitted in IDBF/EDBF events. The exceptions to this are on board communications systems that operate purely between crew members and seat cushions for individual paddlers, provided that they are made of a soft material, such as sponge or foam, which does not effectively raise the height of a seat or seats in a boat – *see below*. The Chief Official shall decide on additional and miscellaneous equipment not specifically covered by these Competition Regulations.



Note: It is not the intention of the Regulation to exclude equipment enhancements such as, strapping to a paddle to assist grip, Velcro fasteners for seat pads, sponges or boat bailers, foot pads for competitors comfort or other items that are not performance enhancing or a risk to the safety of the members of the Crew or the crewitself.

Seat Pads. Dragon Boat Seat Pads (cushions) as described in Regulation 13.1 shall be made of a soft material, such as neoprene, of an approximate thickness of 15mm that will compress easily when squeezed between finger and thumb. The width of the seat pad may vary in size and shape but shall approximate to the width of a paddling seat in the IDBF Standard International Racing Boat (12.5 cm) and the length should ideally, not exceed 20cm in width and 40cm in length. **Seat Pads that excessively exceed these dimensions will not be permitted.**

Water Pumps. The carrying of any type of pump in the boat, during a race, which is designed to clear a boat of water is prohibited.

Straps and Strapping. In the interest of crew safety no additional fixtures or fittings, **such as straps to fasten a paddler into the boat or onto a seat are permitted.** The Chief Official may relax this rule for physically disabled competitors, if adequate safety systems are provided to ensure that such crew members can easily be released from the boat and rescued in the event of the boat capsizing.

22. **PROTESTS AND APPEALS.** The IDBF Racing Rules concerning Disputes, Protests and Appeals can be found under Rule 9 of the Racing Rules. **ANNEX D contains examples of the Protest and Appeals Forms** to be used by Crews. These forms will be available from the Race Secretariat.
23. **RULES FOR 2000M RACING.** The IDBF Rules for Distance Racing are complicated and Team Managers are advised to read them carefully and to ensure that their teams are familiar with these rules. There have been changes – **read Edition 7 of the Rules of Racing.**

2000m Course. Details of the course and further information concerning safety will be provided by the Technical Director of the Championship at the Team Managers briefing. Briefings for steerers will take place in the morning before racing commences.

24. **STARTS AT DIVONNE-LES-BAINS** All starts will be held starts. Crews will need to come along side a platform (pedalo) that will be placed in each lane and a volunteer will hold the boat in position on the start line.

25. MEDALS & TROPHIES

(Extracts from IDBF Competition Regulations 7.11 - 7.13)

In an EDBF ECCC or IDBF WNC, the title of European Club Crew Champion/Junior or U24 World Nations Champion shall be conferred on the winning crew in each Competition Class in which crews from at least six (6) Nations or Territories compete.

Every competitor in each winning crew shall be awarded a medal, gold in colour and competitors in crews finishing in second and third places will be awarded silver and bronze coloured medals respectively.

When the number of Nations or Territories in a Competition Class is less than six (6) then the title of European Club Crew Champion/World Champion shall not be conferred on the winning crew. *Championship Medals and trophies for the Competition Class concerned, will be awarded as follows:-*



- a. One Entry only – *A trophy.*
- b. Two Entries – *1st placed crew medals, 2nd placed trophy.*
- c. Three Entries – *First two crews medals, 3rd placed a trophy.*
- d. Four or Five Entries – *First three crews medals.*

26. DISCIPLINARY MATTERS – refer to the IDBF Rules of Racing – Edition No 7. Which can be downloaded from the IDBF website – www.idbf.org.

27. RACE PROGRAM – The Race Program will be issued by email to all Team Managers approximately 1 - 2 weeks before the event and also published on the EDBF website www.edbf.org. We ask that all Team Managers download copies of the daily program and bring with them.

28. TAIL RACE PLAN OR REPECHARGE PLAN will be used during the 2017 EDBF ECCC/IDBF Junior & U24 WNC. In cases with less than 6 entries rounds may be used. Information about how crews progress will be included in the race program.

When the relative strengths of the crews are known, they are 'seeded' into the first round Heats otherwise they may be seeded on past results in the same or similar competitions with any 'new crews' being seeded in the outside lanes.

The 'Draw' system used in the Plans is designed to ensure that the fastest crews from each 'round' of the competition are, after the Heats, drawn in the middle Racing Lanes. By taking 'fastest losers' through to the next round, where practicable, the Plans help to ensure that even when the stronger crews are in the same first round Heat, that they still have a good chance of reaching the final rounds, through the 'repecharges' or where entries are low the Semis.

The fastest crews shown as number one (No. 1) upwards are drawn in the middle Racing Lane, where possible. The next fastest crews are then drawn in the lanes on either side of the fast crews until all crews have been allocated a Lane.

In each round of a competition class, the qualifying crews from the previous round are seeded in the next round according to their results as described above. This means that, after the Heats, the slowest crews 'on the day' are always drawn in the outside lanes.

Where the number of crews demands, those crews that do not proceed to the final stages of the competition 'race off' in Dragon's Tail Races to establish comprehensive 'order of merit' for the competition class concerned.

In all the Plans, most crews will normally race 3 times and the fastest crews (or slowest crews) at least twice. (The Tail Race System is ideal for use in competitions where points are given to all crews based on their relative results over one or more Competition Classes.



IDBF CHAMPIONSHIP REGATTA - CREW LIST – (Standard Boat) – ANNEX A
17th EDBF ECCC & 13th IDBF JUNIOR & U24 WNC – FRANCE 2017

A Crew List must be submitted for each Competition Class at the Crew Manager's Meeting, held THE DAY BEFORE the Heats of the competition concerned. Only those competitors named on the Crew List will be permitted to race and only those Reserves named below may compete in any subsequent rounds of the competition class.

Crew Name
 Division

(E.g. Senior)

Country

Racing Class Race Distance
 (E.g. Senior B/Junior A) (Open/Women/Mixed) (E.g. 200m/500m/2000m)

Vest No	Competitors' Name	PIN	Vest No	Competitors' Name	PIN
Drummer			Helm		
01.			22.		
02.			12.		
03.			13.		
04.			14.		
05.			15.		
06.			16.		
07.			17.		
08.			18.		
09.			19.		
10.			20.		
11.			21.		
Reserves					
23.			25.		
24.			26.		

Boat Captain (Name) Vest number

Crew Officials' Declaration. In accordance with IDBF Competition Regulation 3, we certify that those competitors listed above are shown on our Team/Club Entry Form, that they are the are fit to race and are the only ones who will take part in the Competition Class shown. We understand that a false declaration may result in the disqualification from the Competition Class and from the Championships.

Signed: _____ (Crew Manager) **Signed:** _____ (Boat Captain)

Mobile No.: _____ (Crew Manager)



IDBF CHAMPIONSHIP REGATTA - CREW LIST – (Small Boat) – ANNEX A
17th EDBF ECCC & 13th IDBF JUNIOR & U24 WNC – FRANCE 2017

A Crew List must be submitted for each Competition Class at the Crew Manager's Meeting, held THE DAY BEFORE the Heats of the competition concerned. Only those competitors named on the Crew List will be permitted to race and only those Reserves named below may compete in any subsequent rounds of the competition class.

Crew Name

Division (E.g. Senior)

Country

Racing Class Race Distance
 (E.g. Senior B/Junior A) (Open/Women/Mixed) (E.g. 200m/500m/2000m)

Vest No	Competitors' Name	PIN	Vest No	Competitors' Name	PIN
Drummer			Helm		
01.			12.		
02.			07.		
03.			08.		
04.			09.		
05.			10.		
06.			11.		
Reserves					
13.			14.		

Boat Captain (Name) Vest number

Crew Officials' Declaration. In accordance with IDBF Competition Regulation 3, we certify that those competitors listed above are shown on our Team/Club Entry Form, that they are the are fit to race and are the only ones who will take part in the Competition Class shown. We understand that a false declaration may result in the disqualification from the Competition Class and from the Championships.

Signed: _____ (Crew Manager) **Signed:** _____ (Boat Captain)

Mobile No.: _____ (Crew Manager)



17TH EDBF EUROPEAN CLUB CREW CHAMPIONSHIPS 13TH IDBF JUNIOR & U24 WORLD NATIONS CHAMPIONSHIPS

ANTI-DOPING COMPETITOR'S RIGHTS AND RESPONSIBILITIES – ANNEX B

Ensure you have read and understood the documents pertaining to anti-doping on the IDBF website <http://www.idbf.org/antidoping.php>.

In addition refer to the WADA (World Anti-Doping Agency) website - <http://list.wada-ama.org/>

The WADA testing program has been set up for athletes. It is essential that you understand and have confidence in the program. The following, gives the basic rights and responsibilities you as an athlete have during the doping control process.

YOUR RIGHTS:

- Be notified of your selection for doping control.
- Be informed of the consequences of refusing to provide a sample.
- Have the doping control procedures explained to you.
- With the Doping Control Official's (DCO) consent and at all times in full view of the chaperone, you may: *attend a Medals' Ceremony (In -Competition), warm down, finish training, receive medical attention, compete in further races and fulfill reasonable media commitments.*
- Be provided with a selection of sealed equipment from which to choose.
- Be observed when providing your sample and always by someone of the same gender as yourself.
- Receive copies of all signed documentation.

YOUR RESPONSIBILITIES:

- Know the IDBF's and your IDBF Member's anti-doping regulations.
- Carry photo ID to present to the DCO.
- Inform your doctor or pharmacist that you are a competitor who may be subject to doping control.
- Consult your IDBF Member in advance if you are medically required to take any medication on the prohibited list - Before being permitted to take such substances, you will need to apply for medical exemption.
- Keep a list of all medications, vitamins or supplements you are taking and declare them on the doping control form.
- Be careful with unlicensed products such as nutritional supplements or herbal products as these may contain prohibited substances.
- From notification through to completion of sample collection, stay in full view of the DCO or chaperone, whether at a competition, training venue or your home.
- Re-hydrate with sealed non-alcoholic, caffeine-free beverage before the test.
- Be prepared to begin sample collection procedures as soon as possible after notification.
- Remain in control of your sample until it is securely sealed.
- Ensure all documentation is signed and you have been provided with a copy.

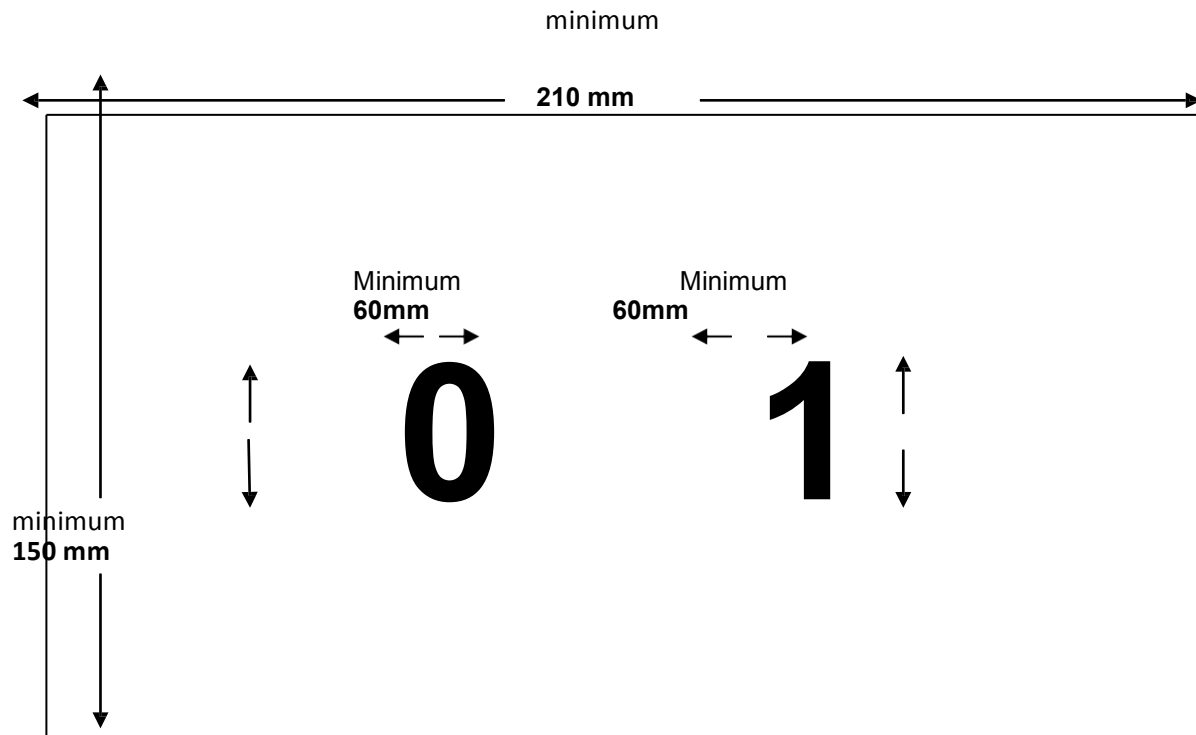


17TH EDBF EUROPEAN CLUB CREW CHAMPIONSHIPS 13TH IDBF JUNIOR & U24 WORLD NATIONS CHAMPIONSHIPS

ANNEX C

RACING VEST NUMBER TEMPLATE

(Annex to IDBF Competition Regulations - Number 9.9.1)



The racing vest number shall be enclosed in a box of a minimum length of 210mm and depth of 150mm (in other words, A5 size). Each numeral shall be of a size that will fit into a box of a minimum size of 100mm tall and 60mm wide. Racing numbers below the number 10 are to show a "0" as the first numeral, as shown in the TEMPLATE example.

The racing vest number shall be shown on or attached to the back of the Competitors' racing top.

Note: Vest numbers must be waterproof.



Rule Of Racing R9.1 Refers

抗议

IDBF RACING PROTEST FORM – ANNEX D

(White Paper)

代表 名称 :

Team Name:

姓名 :

Team Manager:

比 号 道号

Race Number: _____ Lane Number: _____ Racing Class:

抗

Protest Details:

名 :

Signature: _____ Time: _____

Team Manager/ Leader

Print Name: _____

Race Control

事管理

名 : :

Signature: _____ Time: _____

Fee Received _____



Rule of Racing R9.7 refers

国龙联合会赛事申诉表

IDBF RACING APPEAL FORM – ANNEX D

(黄色纸)
(Yellow Paper)

代表队名:

Team Name: _____

领队姓名

Team Manager: _____

比□号 □道号

Race Number: _____ Lane Number: _____ Racing Class: _____

Appeal Details:

申诉详情:

□名 □□ :

Signature: _____ Time: _____

Team Manager / Leader

Print Name: _____

Race Control

事管理

□名 : □□ :

Signature: _____ Time _____

Fee Received _____

